



This was developed by Grinder and Bandler in the 1970s and is based on the concept of modelling and determining the patterns of the structure of behaviour. Changing the form of the structure can change the outcome of the old pattern of behaviour so that it is more acceptable to the client.

The strategies used in NLP are powerful and can be used successfully with alternate modes of therapy.

- If you think you could benefit from working with NLP, [please click here for help](#) .